



# Golden Nuggets

## CHARLIE STUART... A YOUNG GIRL WITH AN OLD SOUL

Charlie is quite a bit younger than every other Golden Nugget I have profiled! But she's my neighbour and friend, and she's a golden kid. I wonder, like I'm sure many of us, how a parent is supposed to be successful at building a great, caring and kind human these days!

Well, I've watched this family of three care for and rescue animals, spend lots of time together, help their neighbours and light up the whole lane with their extensive outdoor Christmas display! When Charlie was a toddler, she would join Myranda and David on a trash walk. Each of them carried a bag and a dollar store trash picker-upper tool as they strolled the street, sometimes finding little treasures but mostly cleaning up other people's litter.

Here's a little glimpse at some of their other endeavours - which all add up to create a lovely young girl.



Charlie's charity can is a deceptive pop can, just a bit larger with a removable lid. Charlie has learned the self-sacrifice required to keep the lid on and save all the charity money inside that she stashes away when she gets her allowance. When it's tempting to dip into it to buy something for herself, she remembers that she already has lots more than other kids. At Christmas, she buys toys from the money in her charity can and donates it to a local organization that helps children and families during the holiday season.



Charlie and her parents, David and Myranda, buy backpacks and school supplies with the 'Bearded Villains' group to donate to families who would struggle to make these extra purchases.



She often accompanies her dad for his projects in Calgary, as part of the Bearded Villains organization he belongs to. Opposite to the reputation large bearded men sometimes have, this global group is focused on charity, family and promoting inclusivity across cultures. Charlie got to use a power tool when she joined the group to build beds for kids through an organization called Sleep in Heavenly Peace.



Charlie and her dad joined the Bearded Villains at the hardware store for supplies for building the beds.



Charlie with some of the toys she saved up for and donated this past Christmas. Thank you, Myranda and David, for your dedication to family and community, and helping us to know the generation coming up is amazing!

Do you know someone who has discovered a new hobby or project or way of adding joy and purpose to their days in retirement? Or discovered the time to pursue an old favourite? Let's celebrate them! Contact me at [sandybexon@gmail.com](mailto:sandybexon@gmail.com)

